



Document Number: SHS-01.001

Last Revision Date: 8/30/2021

Responsible Office: Student Health Services

Effective Date: 7/1/2020

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General Description

Purpose:

This policy is to address the reporting of Coronavirus (COVID-19) exposures and confirmed cases for the California State University, Bakersfield (CSUB) community. To proactively keep our campus community's health and safety as the priority, CSUB is enacting a campus-wide policy for all individuals working or learning at CSUB to report exposure or confirmed cases of COVID-19. Self-reporting will allow CSUB to provide individualized counseling on how best to manage the reported circumstances and prevent exposure to others, and to describe criteria and procedures for returning to campus. CSUB honors the privacy of our community and takes seriously its confidentiality obligations. Sensitive information will be safeguarded and used only for the limited, campus safety and health-related purposes, including to perform case management or other activities to address employee and student safety.

Policy/Procedure

PERSONS AFFECTED:

- Student Health Services (SHS)
- CSUB Students, Faculty and Staff
- CSUB Emergency Manager/Incident Commander

DEFINITIONS:

Close Contact: as defined by Center for Disease Control (CDC) and California Department of Public Health (CADPH), means that an individual was within 6-feet of a confirmed case for more than 15 minutes or more over a 24-hour period.

Case Management: the process offered by the SHS of exposure assessment and mitigation for COVID-19 regarding campus community members who report potential symptoms, exposure or diagnosis.

Self-Monitor: the practice whereby the person is instructed to monitor themselves for symptoms and to

take their temperature twice a day.

Self-Isolation: the practice whereby the person has tested positive for COVID-19 (case) is separated from others and cannot leave their place of isolation until recovered/cleared, with the exception to receive medical care.

Self-Quarantine: the practice whereby the person is asked to quarantine at home for 14-days from the date of possible exposure. The individual may be asked to self-monitor as well.

COVID-19 Fully Vaccination Status: the practice where individuals are considered fully vaccinated for COVID-19. The requirements to be considered fully vaccinated are: 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine.

Recovered COVID-19 case status: an individual who has recovered from a previous COVID infection and is within 90-days after symptom onset of the preceding infection.

POLICY/PROCEDURES:

The reporting of potential exposure or confirmed COVID-19 cases is required from the CSUB community as soon as possible after the events or circumstances regarding potential exposure, testing, or confirmed cases occurs, and includes reporting in the following scenarios:

- Student, faculty or staff who have not received clearance for campus from the COVID self-screening
- Students, faculty or staff who are diagnosed with COVID-19;
- Students, faculty or staff who has been tested for COVID-19 due to symptoms suggestive of the virus;
- Students, faculty or staff who have had close contact with an individual confirmed to have COVID-19 by laboratory testing. For instances where the student, faculty, or staff member learns that he/she had close contact with an individual confirmed to have COVID-19 by laboratory testing, but didn't know the person he/she was in close contact with was confirmed for COVID-19 at the time of the close contact, then he/she shall report the close contact as soon as possible after having learned of the other's person's confirmed COVID-19 case;
- Students, faculty or staff currently having symptoms consistent with COVID-19, including flu-like symptoms with chills, muscle aches, diarrhea, cough, shortness of breath or fever. Also included could be a loss of smell or taste;
- Student, faculty or staff who traveled to or are returning from international travel; and
- Any Supervisor/Administrator notified by an employee of their employee's exposure to or diagnosis of COVID-19.

The reporting may be done 24 hours a day as follows:

- During business hours - contact the Associate Director of the Student Health Services at edelamar@csub.edu or (661) 654 - 3453.

- After business hours - complete COVID-19 form at <https://linktr.ee/csubshs> or if no access to internet is available, please call the University Police Department at (661) 654 - 2677 to contact the Emergency Manager.
- Await contact from the SHS before coming to the campus or leaving your dorm room.

The reporting response will include:

- The potentially affected individual will be contacted by the SHS and asked questions from the COVID-19 case interview form.
- According to diagnosis, the reporting individual will be directed by the SHS to self-isolate and await final clearance.
- According to the exposure, the reporting individual may be directed by the SHS to self-quarantine depending on their COVID-19 fully vaccination or their recovered COVID-19 case status.

The reporting will initiate case management by the SHS including:

- An informal list is established by the SHS from the affected individual to identify campus constituents who were in close contact with the suspected or positive individual from 48 hours before symptoms began/the close contact occurred until the individual left campus.
- Potential informal contacts will be notified of the exposure level and be informed of the action being requested by the SHS. Names will not be used rather an exposure has occurred.
- Anyone identified as having been potentially exposed to a suspected case or reporting person may be directed to self-monitor or self-quarantine depending on their fully COVID-19 vaccination or their recovered COVID-19 case status.
- Anyone exposed to a confirmed will be asked to self-quarantine depending on their fully COVID-19 vaccination or their recovered COVID-19 case status.

The reporting will initiate notification by the SHS, as approved by the Emergency Manager/Incident Commander, including:

- All exposure/positive case communications are considered confidential.
- Supervisor notification: notification to supervisor to inform them of the duration the employee has been advised to be away from the campus.
- Faculty notification: notification to faculty if student is requesting assistance.
- Housing notification: to assist in providing an isolation room and dining arraignments for the student needing to self-isolate or self-quarantine.
- Campus notification: Emergency Manager/Incident Commander for review of timely notification.
- HR notification: for union and OSHA reporting requirements if needed.